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***ADVANCE for Health Information Professionals Names AHIOS  
Member as “Top 10 in HIM”***

*Mariela Twigg Is Recognized as a Top Health Information Management Professional in the  
Country*

**BOSTON, Mass., February 18, 2010** — The Association of Health Information Outsourcing Services (AHIOS), an organization committed to promoting excellence in the handling and dissemination of confidential patient-identifiable information, announces that one of its members Mariela Twigg, MS, RHIA, CHP, FAHIMA, CDIA+, has been chosen by *ADVANCE for Health Information Professionals* as one of its 2010 “Top 10 in HIM” innovators.

“I congratulate Mariela on this wonderful achievement and applaud her on her dedication and hard work in the HIM industry”, said Matt Rohs, president of AHIOS. “This honor shows how much Mariela has brought to the HIM community through her professional and volunteer work at the local, state, and national level. We are particularly proud of her work with the AHIOS Institute Certificate Program and her commitment to developing the CRIS (Certified Release of Information Specialist) test for AHIOS to educate HIM professionals and help them better understand the complexities and risks associated with the release of information (ROI) process.”

This year, the publication is honoring leaders who are true movers and shakers in their respective health information management (HIM) niches, and are making a difference in this industry. The top ten HIM professionals were recognized both online and in the February 15 print issue of *ADVANCE for HIP*; the ten finalists are also featured in an online audiocast ([www.advancweb.com/him](http://www.advancweb.com/him)).

“I’m honored to be included in such a distinguished group of HIM professionals,” said Ms. Twigg. “The HIM industry is going through some significant changes right now with the passage of recent reforms and

new privacy regulations, including provisions to HIPAA, and I am happy to continue my contribution to the HIM industry by providing education and resources to healthcare professionals across the country.”

Ms. Twiggs has been actively involved in the HIM industry for 30 years and has been the CEO of MTT Enterprises, LLC & VELFILE for 10 years. As a leader in the release of information industry, she has authored the confidentiality chapter in a health information technology textbook, *Healthcare Information Technology*, and has prepared and trained staff and clients to ensure compliance with changing Health Insurance Portability and Accountability Act (HIPAA) regulations. Ms. Twiggs has also received the following awards: *Career Achievement Award*- LHIMA (Louisiana Health Information Management Association) (2008), *Distinguished Member Award*- LHIMA (1995), and *Teresian Service Award* (1999).

#### **About the Association of Health Information Outsourcing Services**

Established in 1996, AHIOS promotes, strengthens and enhances the health information management outsourcing industry while ensuring excellence in the handling and dissemination of confidential patient-identifiable information. Its goals are to increase awareness of the value, importance and complexity of the industry’s services; establish standards of excellence for the industry of health information management outsourcing; pursue fair and equitable treatment of the industry through legislative, regulatory and legal processes; and create educational and networking opportunities for members.

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